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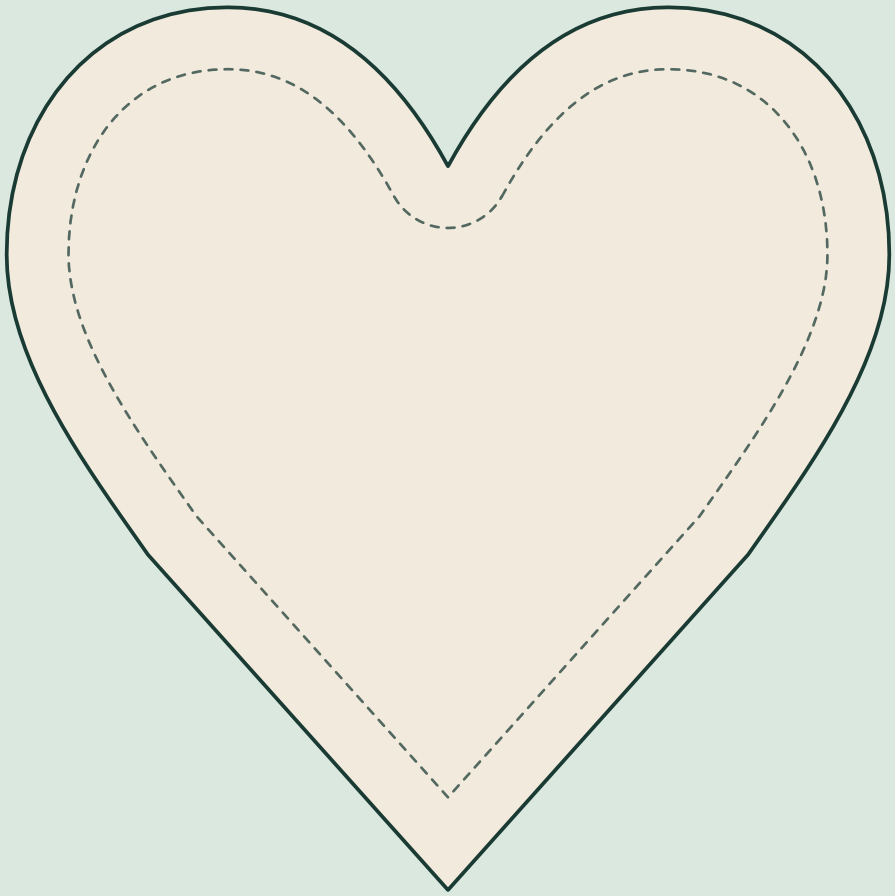
MAKE / PERSONALIZED GIFTS & HOME ACCENTS

Make a Fabric Hanging Heart Ornament



Cut 2 • solid cut outline / dashed seam

Sew two mirrored heart shapes, turn and lightly fill the ornament, then attach a short hanging loop.

14 practical steps • Original diagrams and maker records

Illustrative plans — not physical test results

Before you start

This small soft ornament is made from two identical fabric hearts with a turning gap and a short decorative hanging loop. The pattern has a 100 x 100 mm nominal cut outline and a 7 mm seam allowance marked inside. The finished outline is smaller than the cut shape; actual width and height depend on fabric and filling. It is an adult indoor decorative object, not a toy, teether, pet accessory, wearable item or load-bearing hanger.

Materials

Two stable woven fabric pieces at least 110 x 110 mm, matching thread, suitable hand needle, fabric scissors, ruler, compatible marking tool, clips, small quantity of clean craft filling labelled for decorative sewing, and 80 mm of sound narrow ribbon. Keep needles, filling and ribbon away from children and pets. Use no loose beads, wire, pins or sharp embellishments in the finished ornament.

Plan the project

Print the heart template at 100% and verify its 20 mm scale bar. Cut two identical pieces using the outer cut line. The pattern includes a marked nominal 7 mm inward seam line and a 30 mm straight turning gap on the lower right sloping edge, measured along that seam line. The drawn curved seam is an approximate 7 mm offset; follow the actual printed line rather than adding another allowance. Fold an 80 mm ribbon in half, align its two raw ends at the top centre notch with the cut edge and place the folded loop between right sides, pointing inside the shape. When sewn through the 7 mm seam and turned, the nominal exposed loop length measured from seam to fold is about 33 mm (40 - 7). Keep the ribbon away from the remaining seam. Sew right sides together except for the gap, trim bulk cautiously, turn, add a small amount of filling, fold gap allowances inward and close by ladder stitch.

Steps 1–2

1. Prepare the pattern

Print the heart pattern at actual size and measure the 20 mm calibration bar. If scaling is incorrect, correct print settings. Cut the paper along the outer solid outline. The dashed line is the sewing path, not a second cutting line.

2. Select the fabric

Choose two clean, stable woven pieces large enough for the pattern. The example uses two different coordinating colours. Check the cloth is sound, not thinning or fraying rapidly; follow care directions for any preparation.

Steps 3–4

3. Mark the first heart

Place the paper pattern on the first fabric with the right side identifiable. Trace the outer cut line and transfer the seam and gap marks to the wrong side with a compatible marking method. Do not add another seam allowance.

4. Cut both hearts

Cut the first heart and a second identical heart, one layer at a time. Keep the blades on the table and fingers clear. Place right sides together and compare the edges without stretching.

Steps 5–6

5. Prepare the loop

Cut 80 mm of sound narrow ribbon and fold it exactly in half. Align the raw ends together. Avoid knots, wire or long hanging ties. The loop is for light decorative hanging only.

6. Position the loop

Place the folded ribbon between the right sides with its two raw ends at the upper centre cut notch and the folded end pointing inward. Use a clip or temporary securing stitch; keep all other ribbon portions clear of the perimeter stitching.

Steps 7–8

7. Align the seam

Clip the two fabric pieces together without distorting them. Identify both marked ends of the 30 mm turning gap on the lower right straight slope. Leave this gap open; it is needed for turning and filling.

8. Sew the perimeter

Begin at one end of the gap, secure the thread and work small backstitches on the marked seam line around the heart, including through both ribbon ends at the top notch. Continue to the other gap end and secure the thread. Do not sew across the gap.

Steps 9–10

9. Reduce bulk

At the rounded lobes, carefully notch only surplus seam allowance where needed. At the inner top notch, make a careful short clip toward but not into the stitches, avoiding the ribbon. At the bottom point, trim excess allowance without cutting the seam. Leave the gap allowances intact.

10. Turn the heart

Gently turn through the opening using fingers and a blunt smooth turning tool if needed. Do not force a sharp point into the fabric. Smooth the lobes and bottom point without pulling on the ribbon.

Steps 11–12

11. Fill lightly

Insert small portions of decorative filling through the gap. Distribute the filling with fingers until the shape is softly rounded. Avoid overstuffing; if the opening pulls apart, remove some filling before closure.

12. Close the opening

Fold the gap seam allowances inward along the original seam line. Use small ladder stitches between the folded edges and secure the thread. Trim the tail, check for exposed filling and account for the needle.

Steps 13–14

13. Inspect and hang

Check the seam and ribbon attachment with ordinary gentle supported handling. If stitching opens or the ribbon is loose, repair before display. Hang only from a suitable small indoor decorative hook away from children, pets, flames and heat; no load or durability rating is implied.

14. Record the finish

Record the actual fabric, print scale, seam allowance, gap closure, ribbon length and observed finished dimensions. Mark DECORATIVE READY, CHANGE or HOLD. Store the dry ornament without compressing the filling for long periods.

Fix, care and preserve

Lobes are bulky

Carefully reduce seam allowance without cutting stitches; use thinner stable cloth if needed.

Notch will not turn

Clip surplus near the notch cautiously without cutting the seam or ribbon.

Loop is hidden

Check its folded end pointed inside before sewing; if wrong, reopen and correct the attachment.

Gap pulls apart

Remove excess filling and close along the original seam line.

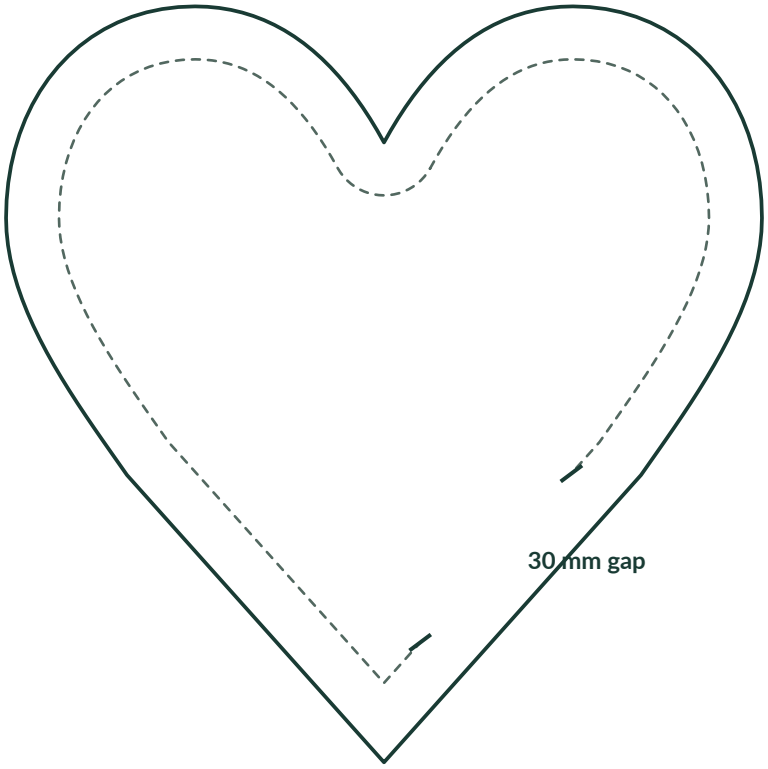
Originality and evidence boundary

Original Steadleaf English prose, design, dimensions, artwork, diagrams and maker records. Follow actual material and tool instructions. No physical construction, cutting, sewing, adhesion, washing, durability or safety testing was performed by the publisher. Adult decorative craft only; no safety or archival certification.

Print the following pages separately if desired. For any actual-size template, disable fit-to-page scaling and check the printed calibration bar. Measured schematics are not full-size cutting patterns.

Pattern 1

Actual-size two-piece heart pattern. Cut two identical pieces on solid outer line; stitch along dashed inner line. Nominal 100 x 100 mm cut envelope; 7 mm approximate allowance; 30 mm turning gap on lower right slope. Verify 20 mm calibration bar.

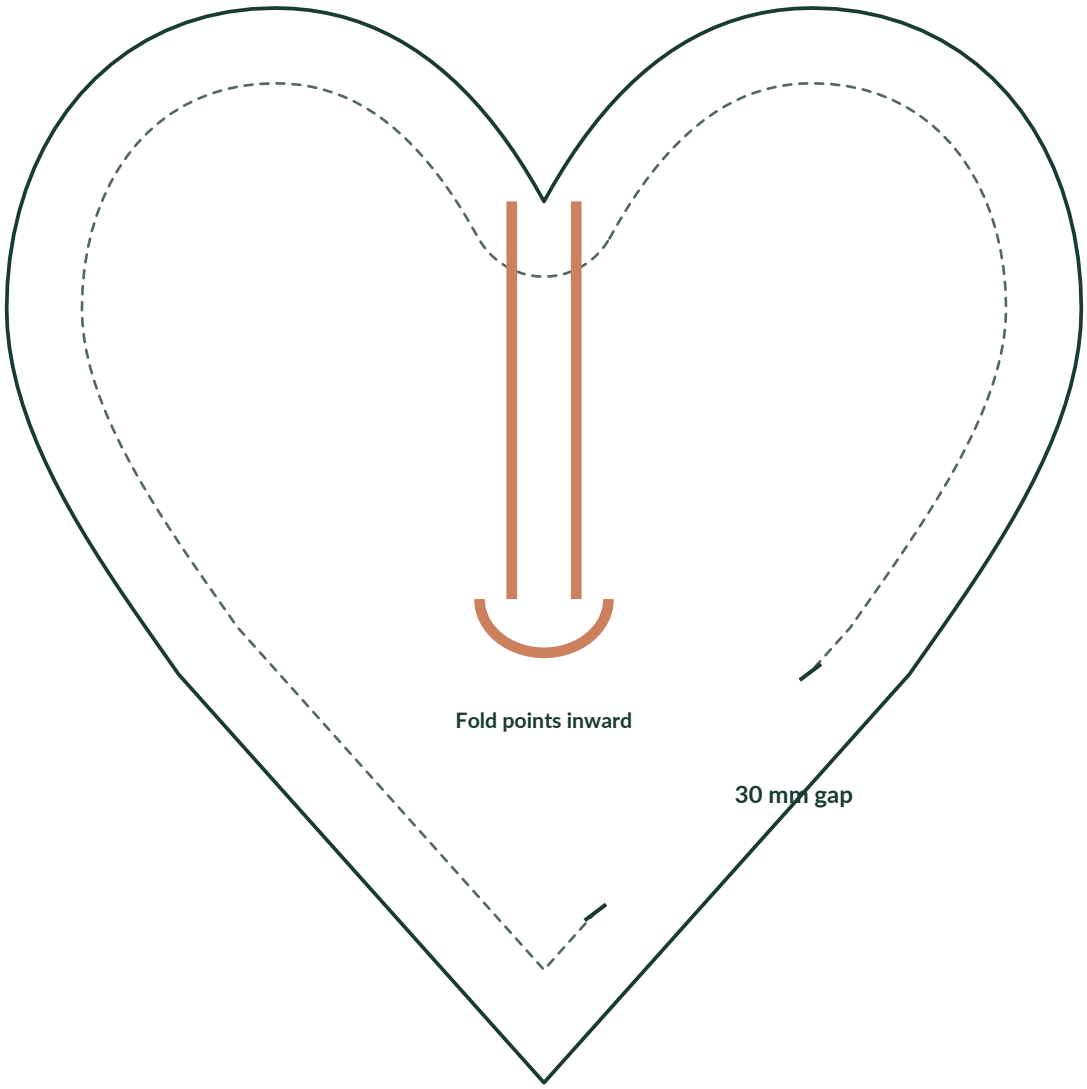


Cut 2 ● solid cut outline / dashed seam

20 mm calibration bar

Pattern 2

Assembly detail: ribbon folded in half (80 mm cut, 40 mm folded, about 33 mm exposed after 7 mm seam). Raw ends at upper centre cut notch, folded end inside between right sides. Leave marked lower right gap open; turn, fill lightly and close.



80 mm ribbon folded to 40 mm

Raw ends at notch; sew through both layers; turn through gap.

Record 1 — Materials and plan

Record actual observations only. Use UNKNOWN or NOT CHECKED for anything you have not established.

Fabric 1 / fabric 2 and care

Print scale / 20 mm bar

Two cut pieces / seam and gap marks

Ribbon material and actual cut length

Needle / thread and stitch method

Filling type

Turning gap and ribbon placement check

Decision: PROCEED / CHANGE / HOLD

Record 2 — Finish and display

Record actual observations only. Use UNKNOWN or NOT CHECKED for anything you have not established.

Actual finished width and height

Seam / top notch / bottom point condition

Ribbon attachment and exposed length

Filling / closed gap observation

Needle and clips accounted for

Decorative display location / limits

Disposition: DECORATIVE READY / CHANGE / HOLD

Date / unresolved issue